



Davis-Monthan Air Force Base, Ariz.

Friday, Jan. 11, 2002

# IDEA submissions earn cash awards



D-M's Robert Wyatt, Air Force Engineering Technical Services, developed an oil flow tester that isolates jet engine problems without having to remove the engine from the aircraft. His idea earned a cash award and the ACC Exceptional Innovator of the Year award.

Story and photo by  
2nd Lt. Sharon Ehasz  
355th Wing Public Affairs

Air Force members can directly impact the quality and effectiveness of their work while putting extra money in their pockets by submitting ideas for job-related improvements.

The Innovative Development Through Employee Awareness program offers Air Force members the opportunity to help make changes to everyday work processes. The IDEA program is an incentive for members to submit their ideas to help improve mission accomplishment. In return for their help, the Air Force offers cash rewards to recognize savings realized.

The program originated on the thought that workers have a better grasp on how their organization can improve productivity. The

goal of the IDEA program is to save the Air Force money while making the work for its members easier and more efficient. The best way to accomplish this is through direct feedback from workers.

While the Air Force saves money, the idea submitter also benefits. The IDEA program offers rewards from \$200 to \$10,000, depending on the impact of the idea on Air Force missions. If a member submits an idea and it is a part of their job responsibility, they will still get a monetary reward, but it will be at a lower rate than if the idea impacted a process outside of their job responsibility.

The IDEA program is user-friendly and quick to use with its "click-do-and-go" design. Through the web-based system, an idea can be submitted on any computer

—See **IDEA**, page 5

## CSAF survey helps members speak today, shape tomorrow

By Tech. Sgt. B. Coors-Davidson  
355th Wing Public Affairs

As the Air Force continues to focus on recruiting, retention and mission issues, the Chief of Staff of the Air Force asks all members for their ideas on how to make the finest air and space force in the world even better into the 21st Century.

The CSAF Organization Climate Survey begins Jan. 22 to gather information vital to senior leaders as they strive to make improvements to the full spectrum of Air Force issues.

"To achieve valid results, we absolutely need maximum participation and commander support is crucial to our success in getting that participation," said Gen. John Jumper, CSAF.

Commanders use the survey to make improvements locally, based on results from active duty, Guard, Reserve and civilian employee feedback.

The chief of staff uses the results to make things better from the top. "Aerospace power is derived from officers, enlisted and civilians

speaking their mind on how they think this service should move forward," Jumper said.

The survey is anonymous and only takes about 30 minutes to complete—a small investment considering the changes people can affect.

"The 355th Communications Squadron is making several options for participating in the survey available to us," said

2nd Lt. Tammy Ortung, 355th Wing Manpower Operations and Logistics Branch chief. "Every Friday morning, a shortcut to the survey will appear during computer system boot-up, plus there will be a shortcut available on the D-M intranet. In addition, there is always the op-



Tech. Sgt. Jim Varhegyi

Air Force Chief of Staff Gen. John Jumper addresses congressional and defense industry leaders recently about the need to provide Air Force members with the resources needed to accomplish their mission. The CSAF Survey helps senior leaders determine what those needs are.

tion of accessing the site directly."

The CSAF Survey is a tool and not a report card. Jumper approved a set of Rules of Engagement that state, "commanders will not be able to distinguish between individual and subordinate units." Each commander receives a combined report of their units instead of separate reports. In addition, protection measures have been built into the survey software to ensure anonymity.

"There is nothing

more vital to the nation than its men and women serving in the military," Jumper said. "Retention is very high on my list of concerns for the Air Force."

Beginning Jan. 22, for more information or to take the survey, log onto [csafsurvey.af.mil](http://csafsurvey.af.mil).





**Col. Paul Schafer**  
355th Wing Commander

Supporting each other and working together to provide the best programs and services is a goal for all D-M people.

Ideas, suggestions, comments, concerns and kudos are important to make improvements.

The best way to pass along a comment or to get an answer to a concern is to **contact the agency chief or functional managers listed here.** Still no solution? The Commander's Corner phone line is **228-4747.**

An e-mail can also be sent to: [355thWingCommandersCorner@dm.af.mil](mailto:355thWingCommandersCorner@dm.af.mil).

**Callers must leave their name, phone number and a message. They will receive a prompt reply in writing or by telephone.** We will honor caller confidentiality, but sometimes we need to contact callers to gather additional information. If a concern is of general interest to the base

populace, the response may be published in the *Desert Airman*. Anonymous calls may not be published.

### Agency numbers

<b>AAFES Agencies.....</b>	<b>228-3904</b>
<b>Accounting and Finance .....</b>	<b>228-4964</b>
<b>Chaplain.....</b>	<b>228-5411</b>
<b>Civil Engineering.....</b>	<b>228-3401</b>
<b>Clinic.....</b>	<b>228-2930</b>
<b>Commissary.....</b>	<b>228-3116</b>
<b>Family Support.....</b>	<b>228-5690</b>
<b>Fitness Center.....</b>	<b>228-3714</b>
<b>Housing Office.....</b>	<b>228-3687</b>
<b>Inspector General.....</b>	<b>228-3558</b>
<b>Legal.....</b>	<b>228-6432</b>
<b>Lodging.....</b>	<b>228-4845</b>
<b>Military and Civilian Equal Opportunity Office .....</b>	<b>228-5509</b>
<b>Military Personnel.....</b>	<b>228-5689</b>
<b>Public Affairs.....</b>	<b>228-3204</b>
<b>Security Forces.....</b>	<b>228-6178</b>
<b>Services.....</b>	<b>228-5596</b>
<b>Transportation.....</b>	<b>228-3584</b>

### Commissary Kudos

**Commissary defense:** I have been coming to the Commissary at Davis-Monthan for the past five and a half years.

I read in recent issues of the *Desert Airman* about this person wanting to bag their own groceries and about the rudeness of Commissary workers. I can testify that I have received nothing but outstanding service in the Commissary. Everyone has been friendly and polite and I have not noticed any disrespect or rudeness whatsoever.

All I can say is if someone does not appreciate having a Commissary, go somewhere else.

**Response:** Thank you for taking the time to recognize the outstanding service that our D-M Commissary continues to provide. The Commissary is a valuable benefit for those who shop there. We're fortunate to have them as part of Team D-M.

### Tax on gas

**Tax Concern:** I was interested to read a recent Commander's Corner article about gas prices. I enjoy the newspaper writing, it is a real contribution to the base's operations. Thank you for your replies on a lot of these things.

The gas price situation is especially interesting to me. I tried to call Senator McCain's office and several other places trying to get some answers regarding the U.S. Code, specifically, requiring all military bases that sell retail gasoline to pay state tax. There's the catch.

The response to the Commander's Corner has

to do with the Air Force Exchange policy. That's true it is a policy, but it is hamstrung by fact that the U.S. code requires that kind of pricing.

The U.S. Code started again in the 1940s. Before that, I know we did not pay state tax on fuels.

**Response:** Thanks for your comments on this valued column in the *Desert Airman*. The Base Exchange, as a U.S. Government instrumentality, is immune from state and local taxes, unless the immunity is waived by an act of Congress. The U.S. has waived this immunity with respect to motor vehicle fuel sold by AAFES (per the Hayden Cartwright Act, U.S.C. 104).

Accordingly, the BX is not subject to state and local tax laws and regulations on sale of items in its retail activities, but does pay state and local motor fuel taxes as well as underground storage fees, etc. The state motor fuel taxes and other applicable fees paid by the BX are included in the motor fuel price to the military customer.



2nd Lt. Sharon Ehasz

## Davis-Monthan Unit Public Affairs Representatives

Unit Public Affairs Representatives are the "eyes and ears" of the 355th Wing Public Affairs office. Each squadron has unique individuals that have interesting stories to tell, whether it is about sports, awards, lifesaving acts, IDEA program contributions, etc.

Stories also include units making improvements to the methods or processes that they use or to squadron facilities or community areas via self help projects. UPARs are responsible for getting the information to PA in a usable format and in a timely manner.

The PA staff focuses on issues that effect the base populace in general and UPARs judge the input for newsworthiness or unique human interest appeal before forwarding it to the PA staff.

**Public Affairs utilizes UPARs to**

**better tell a squadron's story. UPAR responsibilities include:**

- ◆ Provide news ideas as well as write and shoot photos of squadron activities for submission to the base newspaper;
- ◆ Review and solicit Hometown News Release submissions;
- ◆ Review squadron submissions to the base marquee and Commander's Access Channell (COX Communications Channel 75)
- ◆ Seek volunteers for tours and speaking engagements

### D-M Unit Public Affairs Representatives

<b>41st Electronic Combat Squadron</b>	
Airman 1st Class Christin Ouellet.....	228-9027
Airman 1st Class Karen De La Torre.....	228-9924
Airman 1st Class Robert Young.....	228-9757
Capt. Lea Devine.....	228-9870
Senior Airman Samuel Storicks.....	228-9870

Airman Jacquelin Yockey.....	228-9599
<b>42nd Airborne Command and Control Squadron</b>	
2nd Lt. Jim Moschetti.....	228-9673
<b>43rd Electronic Combat Squadron</b>	
2nd Lt. Donald Bugg.....	228-9926
<b>355th Operations Support Squadron</b>	
Capt. Arvid Opry.....	228-5868
<b>355th Training Squadron</b>	
Staff Sgt. Amanda Maxey.....	228-9456
Staff Sgt. Sonya Mageau.....	228-5889
<b>354th Fighter Squadron</b>	
1st Lt. Diane Burch.....	228-4268
Staff Sgt. Joseph Rogers.....	228-4268
<b>357th Fighter Squadron</b>	
Master Sgt. Steven Foster.....	228-2467
<b>358th Fighter Squadron</b>	
Airman 1st Class Rene Pena.....	228-5070
Airman 1st Class Sherry Plascencia.....	228-3370
<b>355th Civil Engineer Squadron</b>	
1st Lt. Tyler Nielsen.....	228-2304
<b>355th Support Group</b>	
2nd Lt. Rodney Rodgers.....	228-3446
Staff Sgt. Willie Manalo.....	228-3445
<b>355th Wing Staff</b>	
Master Sgt. Gregory Pleasant.....	228-4891
<b>355th Communications Squadron</b>	
2nd Lt. John Leary.....	228-1773

Master Sgt. Anna Johnson.....	228-4592
<b>355th Mission Support Squadron</b>	
Senior Airman Lori Paris.....	228-4128
<b>355th Services Squadron</b>	
Senior Airman Lisa Elliot.....	228-3714
Airman 1st Class Cheryl Pinto.....	228-5501
<b>355th Security Forces Squadron</b>	
Master Sgt. Walt Voltz.....	228-6353
Master Sgt. Eric Wilke.....	228-3708
<b>355th Equipment Maintenance Squadron</b>	
Capt. Rae Anne Swanson.....	228-4184
Tech. Sgt. Darnetta Watkins.....	228-2279
<b>355th Supply Squadron</b>	
Senior Airman Kimberly Lawrence.....	228-4350
Airman Vanessa Kyota.....	228-3440
<b>355th Logistic Support Squadron</b>	
Airman 1st Class Tiffany Hart.....	228-4319
<b>355th Transportation Squadron</b>	
Staff Sgt. Mellony Howe.....	228-3584
Airman 1st Class Tyrone Davis.....	228-3584
<b>355th Contracting Squadron</b>	
Staff Sgt. Bryan Deal.....	228-5431
<b>355th Component Repair Squadron</b>	
1st Lt. Sarah Maile.....	228-3630
<b>355th Medical Group</b>	
Airman 1st Class Nick Clisby.....	228-2870
Staff Sgt. Jill Jones.....	228-2810

Staff Sgt. Carol Sligh.....	228-1543
Tech. Sgt. Randall West.....	228-2659
Staff Sgt. Brenda McGown.....	228-2651
Staff Sgt. David Embrey.....	228-2661
Airman Basic Danny Watton.....	228-2721
<b>355th Comptroller Squadron</b>	
Senior Airman Denice Schacht.....	228-1227
Senior Airman Annie McCraney.....	228-6647
<b>Detachment 3</b>	
Master Sgt. Otis Clawson.....	228-4508
<b>12th Air Force</b>	
Tech. Sgt. Rian Clawson.....	228-6053
<b>25th Operational Weather Squadron</b>	
2nd Lt. Nengwi Shih.....	228-1977
Staff Sgt. Lowell Coxie.....	228-6590
Staff Sgt. Sean Shuman.....	228-1977
<b>AMARC</b>	
Terry Vanden-Heuvel.....	228-8448
<b>607th Air Control Squadron</b>	
<b>(Luke Air Force Base, Ariz.)</b>	
Senior Airman Shon Sherear.....	DSN 896-7215
<b>362nd Training Squadron</b>	
Tech. Sgt. Andrew Jewell.....	228-6130
<b>305th Rescue Squadron</b>	
Master Sgt. Minnie Jones.....	228-2160

The 355th Wing Public Affairs staff prepares all editorial content for the "Desert Airman." The editor will edit or re-write material for clarity, brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101.

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### 355th Wing Commander

Col. Paul Schafer

Chief, Public Affairs.....	Lt. Col. Eric Schnaible
Deputy Chief.....	1st Lt. Chrissy Cuttita
Superintendent, Public Affairs.....	Master Sgt. Dan Carpenter
Public Affairs Officer .....	2nd Lt. Sharon Ehasz
Public Affairs Officer .....	2nd Lt. Rebecca Warren
NCOIC, Media Relations.....	Staff Sgt. Karin Wickwire
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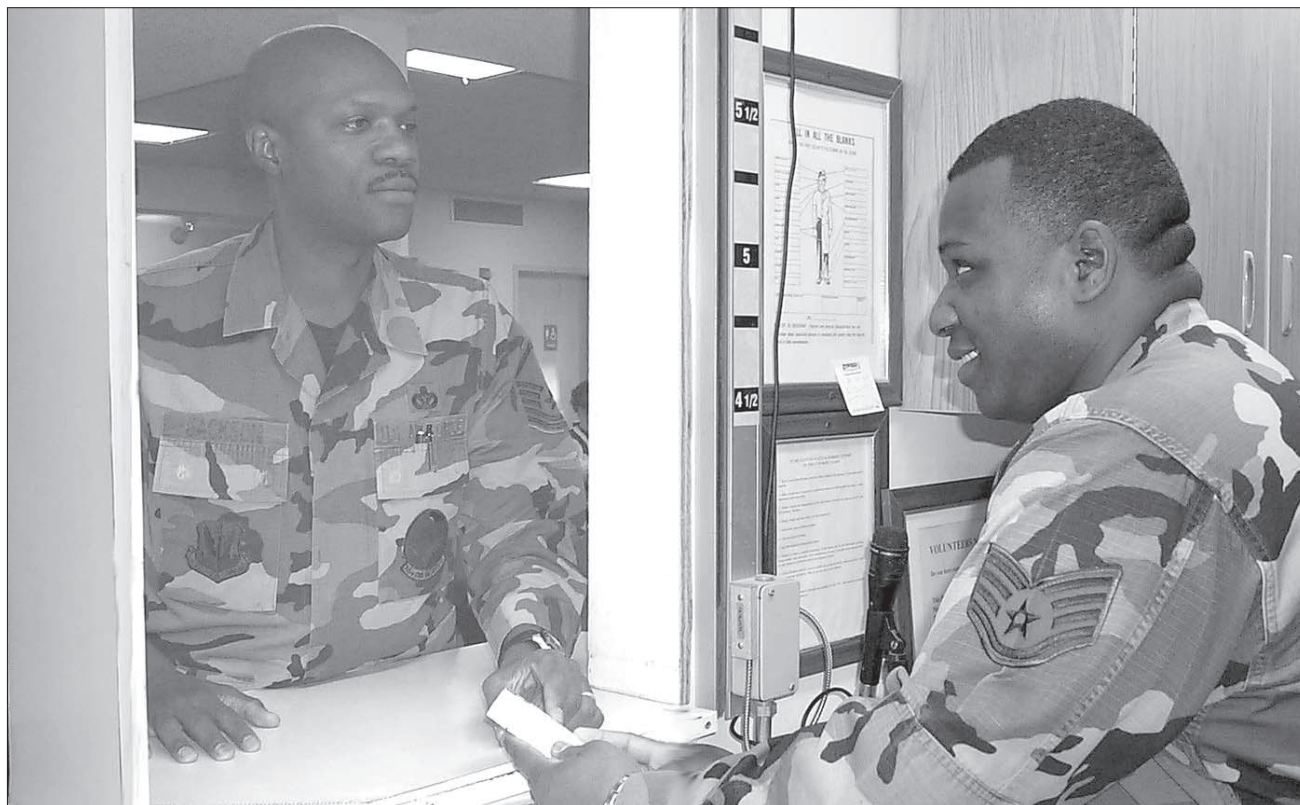
Editor.....	Tech. Sgt. Brian Davidson
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Staff Sgt. Jason Prewit, 355th MDG Pharmacy technician, discusses a prescription with customer Master Sgt. Tim Jackson.

## 355th MDG explains pharmacy benefits

Story and photo by Karen Halstead  
355th Wing Public Affairs

Health care is one of the many benefits of military service and the pharmacy program is a major part of that care.

D-M members and their families must be informed of Air Force and local policies regarding pharmacy benefits.

People who must pick up prescriptions for an adult family member needs a written authorization from that person.

"We have a form available for customers to use," said Capt. Kenneth Hill, 355th Medical Support Squadron chief of pharmacy administration. "It isn't a requirement for patients to use the form, but they are required to provide some type of written authorization when picking up prescriptions."

Authorizations should include the patient's name, the name of the person authorized to pick up the medication and the patient's signature. In addition, either an original or photocopy of both the front and back of the patient's military identification card must also be presented.

Patients should use only TRICARE participating pharmacies to fill prescriptions off-base to avoid a high nonreimbursable cost. A list of participating pharmacies is available at the pharmacy and at the TRICARE office.

When seeing a doctor off-base, patients should have the doctor call the base pharmacy before writing a prescription. Regardless of the patient's military status, "there are a very few medications that require a pre-authorization

prior to a prescription being filled," Hill said. Active-duty members do not pay any costs when filling prescriptions at TRICARE participating pharmacies, but they must present their identification card along with the prescription.

"The TRICARE computer network uses the Social Security number and approves the prescription without a co-pay," Hill said.

If an active-duty member is charged a co-pay, they should file a claim, with the receipt, with TRICARE for reimbursement.

Family member prescriptions filled off base require a co-pay. The cost is \$3 per month for generic drugs and \$9 per month for brand name medications. The mail order pharmacy charges a transaction fee to fill prescriptions, \$3 for generic drugs and \$9 for brand name medications, regardless of the number of months being filled, up to a three month supply.

TRICARE patients traveling out of D-M's TRICARE region must pay full price for a prescription, however, the cost is reimbursed if a claim is filed along with the receipt.

Another important issue regarding prescription filled on base is timely pickup. The pharmacy holds filled prescriptions for five duty days. Patients are asked to pick up their medications as soon as possible to avoid the pharmacy staff having to reprocess the prescription.

The satellite pharmacy, near the Commissary, is open from 8 a.m. to 5 p.m. and the main pharmacy is open 7:30 a.m. to 4:30 a.m. for processing prescriptions from civilian providers and until 5 p.m. for processing prescriptions from Davis-Monthan providers.

## News Notes

### Housing area construction

Improvement to pavement and drainage in the Palo Verde Housing area is in progress. Affected areas include:

Mustang Drive from Sunset Court to Tracker Drive; Lightning Drive; Saratoga Avenue; Saratoga Circle and Sunset Court from Saratoga Avenue to Mustang Drive

During construction, the asphalt will be replaced in these areas. Access to housing units will be maintained. For more information, call Jim Johnson at 228-5138 or 1st Lt. Mike Robirds at 228-3522.

### DRMO closure

The Tucson Defense Reutilization and Marketing Office is closed 23 and 24 Jan. The office is open Jan. 22 and 25, and resumes property receipt Jan. 28. For more information, call Ken Bettis at 940-3797.

### TRICARE information

There is a TRICARE information table at the Commissary Tuesday from 10 a.m. to 2 p.m.

Representatives from the TRICARE Service Center and Dental Program are available to answer questions and provide literature. For more information, call 228-2606.

### MDG closure

All 355th Medical Group services are closed the second and fourth Wednesday of each month for training.

To talk with a Primary Care Manager during this time, call 513-0355.

### Retiree Appreciation Day

There is a Military Retiree Orientation and Appreciation Day Feb. 5 from 9 a.m. to 4 p.m. at the Desert Oasis Enlisted Club.

Topics include TRICARE for Life, legal issues, the senior pharmacy and dental program and pay issues.

For reservations call the Retiree Activities Office at 228-5100.

### Video greetings

Family and friends of D-M people who deployed or on a remote assignment on Valentine's Day are invited to video tape a greeting to be sent to their loved one.

The taping is 11 a.m. to 7 p.m. at Access Tucson Studios in Tucson.

This is a free service offered by Reel

See *Notes*, page 4

**5** airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31.

Call AADD at  
**850-2233**

10 p.m. to 5 a.m. Fridays and  
Saturdays and 4 p.m. to  
midnight Sundays for a ride.

**Correction:** The last unit to have a DUI was the 355th Component Repair Squadron, not the 43rd Electronic Combat Squadron as reported in the Dec. 21 issue.



# Family care plan no laughing matter

Story and photo illustration  
by 1st Lt. Chrissy Cuttita  
355th Wing Public Affairs

"Home Alone" may be the title of a series of comedy films depicting a child left to his own devices, but when children are left alone in real life, it is no laughing matter.

Dual military couples with children and military members who are single parents must file an Air Force Form 357, Family Care Certification, in accordance with Air Force Instruction 36-2908, Family Care Plans. This plan is maintained by a member's first sergeant.

"Members should realize is that this is not just a paperwork exercise," said Master Sgt. William Garrison, acting First Sergeant, Detachment 2. "People should sit down with their selected caregivers and discuss this program at length. Peace of mind for the military member, the caregiver, and the child is at stake."

"Because military members must be ready for worldwide deployment, those with dependents should ask themselves questions like, 'if I were to deploy during the duty day, who can pick up my child

from day care and assume responsibility for that child for an unknown period of time?'"

The first thing listed on the AF Form 357 is the short-term care provider. This is someone who can be called to implement the family care plan immediately and can care for dependants up to a maximum of thirty days, designated by the military member.

The provider cannot be a military member and must reside in the local area defined by the first sergeant.

The second item is the long-term care provider, someone who can care for dependents for an undefined length of time. This person cannot be a military member and they can reside outside the local area.

The third item listed is an alternate care provider. This is a person who can take the responsibility of both or either the short-term or long-term care provider if need be.

Finally, a person within the local area must be designated as temporary custody designee. This person swears that in the event of any incapacity of the military member, including death, they assume legal guardianship until a perma-

nent legal guardian is appointed by a court.

All family care plan providers need a power of attorney in order to act on the deployed member's behalf.

For example, with a medical power attorney, a provider can legally make emergency doctor's appointments for a child.

"Family planning is important in a legal context because it allows an individual to designate who will care for their dependents in advance if they are called away," said Capt. Robert Chatham, Assistant Staff Judge Advocate. "With proper planning such as powers-of-attorney and designating a guardian in a will, a person can ensure their dependents are cared for properly at all times and don't get caught up in a legal snafu."

It is essential that military



members give all providers their dependant's important information, everything from identification cards to the school directions.

Members are responsible for providing adequate expenses for their dependents, including transportation to and from the care provider's location.

Stepparent certification and escort certification for evacuation in an overseas assignment is also provided on the form.

AF Form 357 is filed upon start of a new assignment, reenlistment or when the situation calls for immediate need such as a divorce or the death of a spouse. The form is signed by the first sergeant or commander and must be verified yearly.

Members who do not know if their family care plan is up-to-date should call their first sergeant immediately.

## Happy, happy birthday, Baby ...



Courtesy photo

Airman 1st Class Claudia Lares, 355th Medical Support Squadron, and Airman 1st Class Hubert Devannon 355th Component Repair Squadron, celebrate their birthdays at the Desert Inn Dining Facility at the December birthday meal. D-M's Food Service team prepares a special steak and shrimp dinner each month for airmen with a meal card to celebrate their birthdays. These guests of honor are welcome to invite a friend to the birthday celebration that is served by commanders, chiefs and first sergeants. The next birthday meal is Jan. 24 at 5 p.m.

## Notes

Continued from page 3

Kids Productions Inc.

For more information, call Staff Sgt. Karin Wickwire at 228-3378, or e-mail [karin.wickwire@dm.af.mil](mailto:karin.wickwire@dm.af.mil).

### Upcoming air show events

The Davis-Monthan Aerospace and Arizona Days Airshow is April 27 and 28. All D-M units are participating and members should plan ahead and schedule leave appropriately. For more information, log on to [www.dm.af.mil/aa](http://www.dm.af.mil/aa). This website will be updated as events develop.

The ACC Heritage Flight, featuring P-51, P-47 and F-86 vintage aircraft, and ACC Tactical Demonstration Teams, featuring F-15, F-16 and A-10 aircraft, fly together in varied formations at D-M Feb. 1-3. This event is open to military members and their families. For more information, call Capt. Robert Kiebler at 228-4905.

### Thrift Savings Plan update

The National Finance Center creates a new account letter with the member's personal identification number the business day after they process the new account. The PIN is included in a letter to the member.



## Dreams realized in 'Pilot' program ...



1st Lt. Chrissy Cuttita

Six-year old Cody Howard, D-M's Pilot for a Day, was the guest of honor for a base visit Jan. 4. He especially enjoyed an A-10 simulator flight where he successfully locked down targets and made the base water tower a cloud of smoke. Followed by gift bearers, welcoming smiles, and the news media, this "celebrity" enthusiastically went along with whatever was planned for him. He received an EC-130 aircraft tour, donned a flightsuit and flight jacket, climbed into an A-10 cockpit, parachuted on to an aircraft carrier and was introduced to a roaring crowd of fans at the monthly officers' call.

## IDEA

Continued from page 1

with a secure link. People can submit an idea by simply logging on to <https://ideas.satx.disa.mil>, click on "submit an idea," read through the criteria, follow the prompts, fill in the personal information and submit the idea.

An idea should be submitted in order of what is presently being done, the new idea and the expected benefits from implementation of the new idea.

After submitting an idea, a submission number is given so that the submission can be tracked through the IDEA database and evaluation process.

The web-based system is instructional and explanatory, but if submitters still have questions, they should call or email their unit's IDEA Point Of Contact or Lonnie Brumfield at 228-4332 for more information.

The IDEA Program only works with the submissions of Air Force members. The process is user-friendly and the monetary rewards are waiting to be given.

Robert Wyatt, Davis-Monthan Air Force Engineering Technical Services, developed an oil flow tester device that isolates engine problems without having to remove the engine. He submitted the device, and in addition to a \$10,000 award, he was named the ACC Exceptional Innovator of the Year for 2001. But to submit an idea, members do not have to develop a new process. Another idea that earned a monetary award was the suggestion to add battery chargers for stand-by generators.

Bottom line, whether the idea is for a large change or small change, "submit the idea and let the IDEA Program evaluators determine whether or not it will make a difference," said Lonnie Brumfield, 355th Wing IDEA Analyst.

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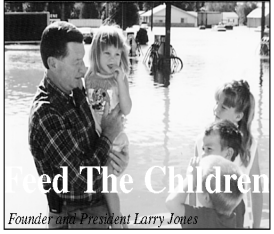


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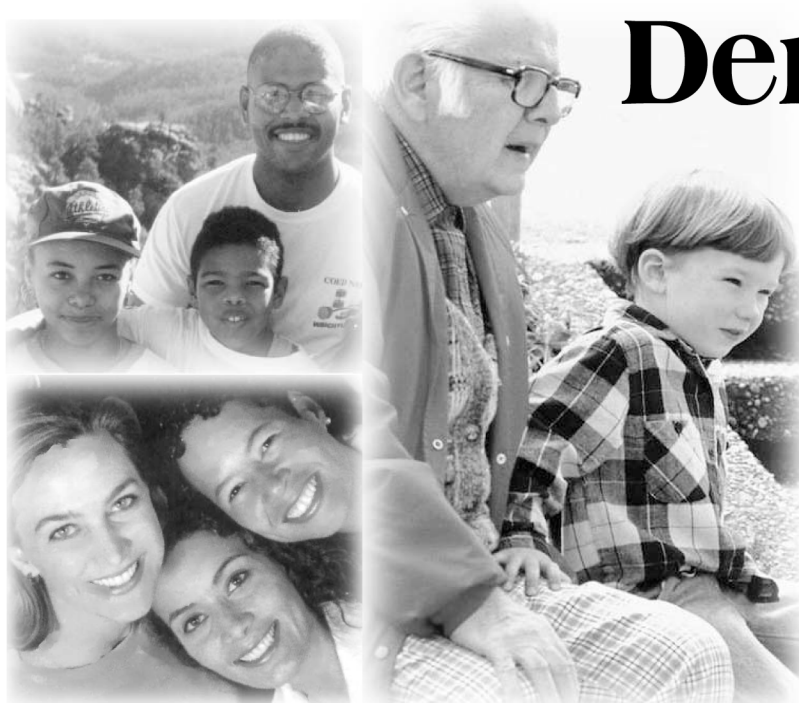
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# Sponsor Program alive and kicking

*FSC stresses importance of positive first impressions, offers sponsorship training*

**By Tech. Sgt. B. Coors-Davidson**  
355th Wing Public Affairs

There are many Air Force programs that seem to have been around as long as the Air Force itself, and that have survived the test of time because of their importance to airmen and their families.

One example is the Sponsor Program.

The Family Support Center is responsible for training and support of sponsors and unit sponsor program monitors. The program stresses the importance of "first impressions," and is aimed at providing a positive welcome to new arrivals to the base.

"No matter how many moves you have made, a genuine effort to assist newcomers is always appreciated," said Tom McCord, Family Support consultant. "Feedback from the Right Start newcomer orientations has indicated that some people arrive without the help of a

sponsor, even though one was requested."

Although a few units are already maintaining an outstanding sponsor program, Family Support stresses the importance of the program and offers the tools to help D-M members make sure newcomers have the help they need as the summer Permanent Change of Station Cycle approaches.

The FSC Relocation Assistance Program works with the Personnel Flights and unit monitors to coordinate training and is available to meet all individual sponsorship needs.

They even offer a seminar to help sponsors prepare for sponsorship duties. The seminar is mandatory for first time sponsors and those who have not served as a sponsor in the past year.

"Sponsor training is designed to help sponsors get new arrivals off to a positive and productive start and to help reduce member and family relocation anxieties and stresses," McCord said.

Classes help sponsors to know how to help, and what information to provide to, new people.

"People are selected by their unit as a trusted representative for the base and we hope they care enough about the responsibility to take the time to learn about all the re-

sources available," said Michelle Marinelli, FSC Family and Work Life consultant. "The assistance offered to new people assigned to the base has to be tailored to the needs of the newcomer. You have to consider many things including where the person is coming from, will they have family members coming with them or at a later date, how old are their children, what school and education information they may need and even if they have pets.

"It was very helpful to help the sponsor to check before we arrived for possible apartments and areas in Tucson to live," said Jody Sherman, D-M family member. "We are actually living in an apartment our sponsor recommended and it's a beautiful place."

For airmen who are new to the Air Force coming straight from technical training, there are completely different concerns and needs, in addition to the stresses that come with a first duty assignment, Marinelli added.

The FSC reminds D-M members that serving as a sponsor is not only an honor, but also an important part of all newcomer's assignment to D-M and the Tucson community. For more information on the Sponsor Program, call McCord at 228-5690.



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# Editor explains Desert Airman mission, policy

**By Tech. Sgt. B. Coors-Davidson**  
355th Wing Public Affairs

It is common practice in the Air Force for organizations to look periodically at their processes and methods for accomplishing the mission. This practice of self-inspection helps people to improve how they do business, finding smarter and more effective methods.

This is also true for your Desert Airman. Many readers may have noticed changes in the format of the paper over the past few months, as the public affairs staff looks for better ways to accomplish their mission—communicating important information to all members of the D-M community, including active duty, Guard, Reserve, civilian employees, retirees and family members.

A base newspaper is a primary communication link between Air Force leaders and those under their command. Timely, accurate, relevant information is also a force multiplier that enhances airman morale and readiness at home and while deployed.

In order to meet these objectives, the Desert Airman should contain important information and news stories, and must also be presented in a manner that makes it enjoyable to read. Our goal is to produce a paper that D-M members look forward to receiving each week.

Guidelines for the design and content of the paper come from Air Force Instruction 35-101, The Associated Press Stylebook and Libel Manual, Air Combat Command and 355th Wing directives and the principles of journalism that govern U.S. commercial newspapers.

## News

We rely on all D-M people, especially our Unit Public Affairs Representatives, to be our eyes and ears. Specifically, we look to you to keep us informed of important issues that affect Air Force people. This includes letting us know about unit and individual awards and accomplishments as well as items of general interest to the D-M community.

## News Notes

News Notes are short, important notices of official base happenings, changes, new policies and events that affect D-M people.

## Photos

The best photos for publication are action oriented and depict D-M people accomplishing their mission. Unacceptable photos include a posed shot of a person receiving an award; ribbon cutting, retirement and reenlistment ceremonies; posed group photos and photos of a speaker at a lectern. Change of command photos are acceptable at group level and higher.

## Perspectives

The perspectives section of the Desert Airman is for editorials that reflect the policies of the Air Force and the 355th Wing commander. Editorials may also be inspirational, thought provoking, educational and even humorous.

Although most editorials are from senior officers and enlisted and civilian leaders, we welcome editorials from all D-M members. We will give advance notice to D-M commanders when they have an editorial due based on the wing commander's schedule of rotational editorials. Other submissions for the perspectives page can be made to 2nd Lt. Sharon Ehasz, 355th Wing Public Affairs, at sharon.ehasz@dm.af.mil.

## Integrity, Service, Excellence

The Integrity, Service, Excellence page is a forum for all D-M units to submit the names of their people who have earned recognition through monthly and quarterly awards, graduation from formal training and outstanding Career Development Scores. Submissions must include name, rank, unit and type of award earned. This section is not a forum to announce retirements, decorations, obituaries and awards from civilian organizations. Individual and unit awards from command level and higher may be covered as a news story, space permitting.

Sonoran Spotlight is a feature that profiles

a member (junior officer, enlisted or civilian) of the D-M community for outstanding accomplishments. Members are nominated by their unit commander or first sergeant.

## The Lighter Side

To help keep the Desert Airman interesting and enjoyable to read, the newest addition to the paper is The Lighter Side.

This section is a forum for D-M members to submit original, previously unpublished Department of Defense, Air Force, 355th Wing and D-M comics, cartoons, photographs and humorous military stories and quotes. Political satire and altered photographs will not be published. Stories must be 100 words or less.

## Sports

The sports section of the paper is one of the most important. Because the Air Force emphasizes fitness as an important part of readiness, members are required to participate in activities that maintain good physical condition. The Air Force sports program also fosters spirit de corps and camaraderie. This section is dedicated to supporting Air Force fitness policies, and to highlighting the accomplishments of Air Force people and units in all types of sports.

Once again, we rely on you to keep us informed of coming sporting events and items of interest to D-M people.

## Submissions

We will continue to keep you informed of important Air Force, ACC and wing issues and we will also continue to look for ways to improve our methods the presentation of the Desert Airman. We ask for your ideas and suggestions to help us accomplish that mission.

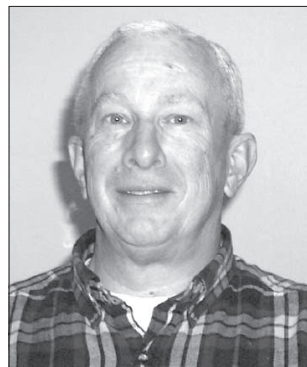
Contributions for the Desert Airman must be made at least seven days prior to publication and may be made directly to the 355th Wing Public Affairs Office, Building 2300 (Wing headquarters), Suite 2054, or through e-mail to desert.airman@dm.af.mil. The editor can be reached directly at 228-3152.

## Final Answer

## What is your New Year's resolution?



**Staff Sgt. Jon Hix**  
355th Supply Squadron  
*"To make rank and play more golf."*



**Retired Lt. Col. Chuck Foote**  
*"Simply to be the better person and live the golden rule."*



**Maj. Leroy White**  
355th Aeromedical Squadron  
*"To study enough to pass the California bar exam."*



**Army Private 2nd Class Kenneth Nix**  
Headquarters Company 306  
*"To be a better husband and father and knock some college out."*



**Airman 1st Class Desirae Strybos**  
25th Operational Weather Squadron  
*"To budget more wisely, because I love to spend money."*



**Senior Airman Sarah Lykins**  
355th Wing Judge Advocate Office  
*"To be healthy and positive."*

(Editor's note: "The Final Answer" is a forum for D-M members to voice their opinion on current events. Suggestions for "Final Answer" questions can be made directly to the Desert Airman at desert.airman@dm.af.mil.



# Readership Survey

# DESERT AIRMAN

In order to continue improving the quality of the Desert Airman and to learn more about reader's interests, the 355th Wing Public Affairs staff asks Davis-Monthan members, including active duty, Guard, Reserve, civilian employees, retirees and their families to provide feedback on the newspaper content and design. Readership surveys can be faxed to 228-3328 or sent to the 355th Wing Public Affairs Office, Building 2300, Suite 2054. The survey can also be found at [www.dm.af.mil/news](http://www.dm.af.mil/news) and e-mailed to [desert.airman@dm.af.mil](mailto:desert.airman@dm.af.mil). The editor can be reached directly at 228-3152.

Which items do you find of most interest in your Desert Airman? (Please circle all that apply)

Mission News   Personnel/Pay Issues   Commander's Action Line   News Notes   Perspectives   Final Answer  
Integrity, Service, Excellence   Features   The Lighter Side   Sports   Community

On a scale of one through five, with one being the lowest and five being the highest, how do you rate the overall quality of the Desert Airman?

1   2   3   4   5

What type of information or improvements would you like to see in the Desert Airman? \_\_\_\_\_

Please tell us about yourself: (circle all that apply)

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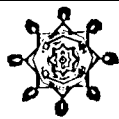


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## Enlisted promotions

### Stripes for Exceptional Performers

Three Davis-Monthan NCOs were selected for promotion to the next higher grade in December under the SStripes for Exceptional Performers Program.

#### To Technical Sergeant:

Richard McKee, 42nd Airborne Command and Control Squadron  
George Roach, 355th Security Forces Squadron

#### To Master Sergeant:

Anthony Matias, 355th Transportation Squadron

The STEP program is designed to meet those unique circumstances that, in the commander's judgement, clearly warrants promotion in the grades of staff sergeant through master sergeant.

### Below-the-Zone promotions

The following D-M airmen first class were selected during the December Below-the-Zone promotion board for advancement to senior airman six-months ahead of their peers:

Daniel Bragdon, 612th Airborne Communications Squadron  
James Caillet, 354th Fighter Squadron

Jeremiah Faulkner, 354th FS  
Stephanie Harshaw, 25th Operational Weather Squadron  
Rhonda Howard, 355th Mission Support Squadron

Donald Jones, 612th ACOMS  
Mark Kolas, 612th ACOMS  
Jason Kowzun, 41st Electronic Combat Squadron  
Aaron Kudamik, 355th Component Repair Squadron

Jeremy Lavallee, 42nd Airborne Command and Control Squadron  
Dawn Lindstrom, 355th Equipment Maintenance Squadron  
Frederick Littles, 357th Fighter Squadron

Ian McCarthur, 357th FS  
Kristina Ott, 42nd ACCS  
Gregory Perea, 355th EMS  
Jeffrey Rader, 355th Civil Engineer Squadron

Jose Sanchez, 355th CRS  
Breanna Sarrett, 355th Medical Support Squadron  
Ingrid Schweiker, 355th Transportation Squadron  
Jelira Stahl, 43rd Electronic Combat Squadron  
Edward Thomas, 358th Fighter Squadron

Thomas Timney, 355th CRS  
Jennifer Weyandt, 355th Security Forces Squadron

## Air Force board selects OG Capt. for AF Intern Program

An Air Force board selected Capt. Frank Schreiber, 355th Operations Group executive officer, among only 50 captains, to take part in the 2002 Air Force Intern Program. Three hundred sixty-eight officers were considered for the program, Air Force wide.

AFIP, in its eighth year, provides a unique opportunity for captains to sharpen their leadership skills, according to Maj. Richard Young, Chief of AFIP and Professional Military Education Outplacement at Randolph Air Force Base, Texas.

After a month-long orientation, interns take graduate level classes in leadership and management at George Washington University.

The interns work two, six-month rotations in positions on the Air Staff, the Air Force Secretariat, the Joint Staff, or Office of the Secretary of Defense.

To expand the functional knowledge and experience of these young officers, one six-month rotation is in an area related to the intern's primary career field, Young said. The other rotation is served in an unrelated area to broaden their experience.

Upon completion of the Intern Program, participants return to the field to capitalize on the experience they gained.

## D-M's outstanding performers

### Annual ACC Comptroller Awards

The following 355th Comptroller Squadron people are the Air Combat Command annual award winners:

**Comptroller:** Maj. Andy Coggins

**Financial Services Officer:** 1st Lt. Lisa Directo

**Budget Civilian (GS-10 and below):** Tammy Clifton

### 355th Medical Group quarterly awards

The following 355th Medical Support Squadron people are the squadron's quarterly award winners:

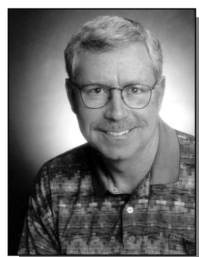
**Airman:** Airman 1st Class Kawailehua Watanabe

**NCO:** Staff Sgt. Honeyeth Crisostomo

**Senior NCO:** Master Sgt. Craig Morse

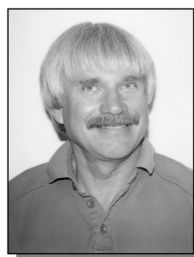
**Civilian:** Pattie Benedict

*(Editor's note: "Integrity, Service, Excellence" is a forum for all D-M units to submit the names of their people who have earned recognition through monthly and quarterly awards, graduation from formal training and outstanding Career Development Scores. Submissions must include name, rank, unit and type of award earned. "Integrity, Service, Excellence" is not a forum to announce retirements, decorations, obituaries and awards from civilian organizations. Individual and unit awards from command level and higher may be covered as a news story space permitting. Contributions can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil.*



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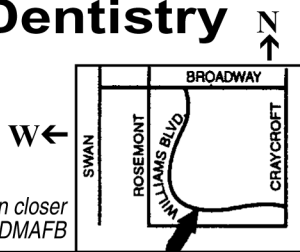
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# Self Help Program ... helps those ... who help themselves



The customer service counter at base operations is a prime example of a quality self-help project.

**Story and photos by**  
**Tech. Sgt. B. Coors-Davidson**  
355th Wing Public Affairs

A security forces member who's an expert at laying ceramic tile, an aircraft crew chief who's a master carpenter, a personnel specialist who's a skilled cabinet maker and an avionics technician who can install doors, windows and suspended ceilings.

These people are a shining example that Air Force members can expand their skills beyond their Air Force Specialty and also improve base facilities and save valuable tax dollars through the 355th Civil Engineer Squadron Self Help Program.

"The Self Help Program can be used to improve your work and recreational environment and instill a sense of pride and accomplishment," said Lynden Bowden, 355th CES architect. "In the past year more than \$350,000 in self-help work was accomplished at D-M. This is work that would have cost more than three times as much to have an outside contractor accomplish."



Dennis Van Veghel, 355th CES, assists customers with material requests at the Government Operated Civil Engineer Supply Store.



John Gordon, 355th CES interior electrician, assists with a self-help project to build new offices for 355th Wing Safety in the operations building.



Aaron Belchak, heating and air conditioning contractor, assembles duct work. Civilian contractors are sometimes used to augment self-help projects.

The heart of the program is the Self Help Center. This is where materials, tools, 'how-to' literature, construction mock-ups, professional technical advice and support, training and assistance are provided to self-help customers.

The center has two functional areas—a planning section and the Self Help Store.

The planning section provides planning assistance to support an organization's self help projects within the capabilities of the people doing the project.

"We have the resources to train people to accomplish most types of minor maintenance including minor maintenance and construction, repairing or replacing floor tile, constructing walls and partitions, painting and installing suspended ceilings," said John Sikora, Self Help manager. "The first step in starting a self help project is to complete an Air Force Form 332, Base Civil Engineer Work Request, along with a materials list and a detailed drawing of the proposed work."

All self help work order requests should be coordinated through the facility manager, unit commander and group work order monitor.

Many types of work require checks for environmental hazards as well.

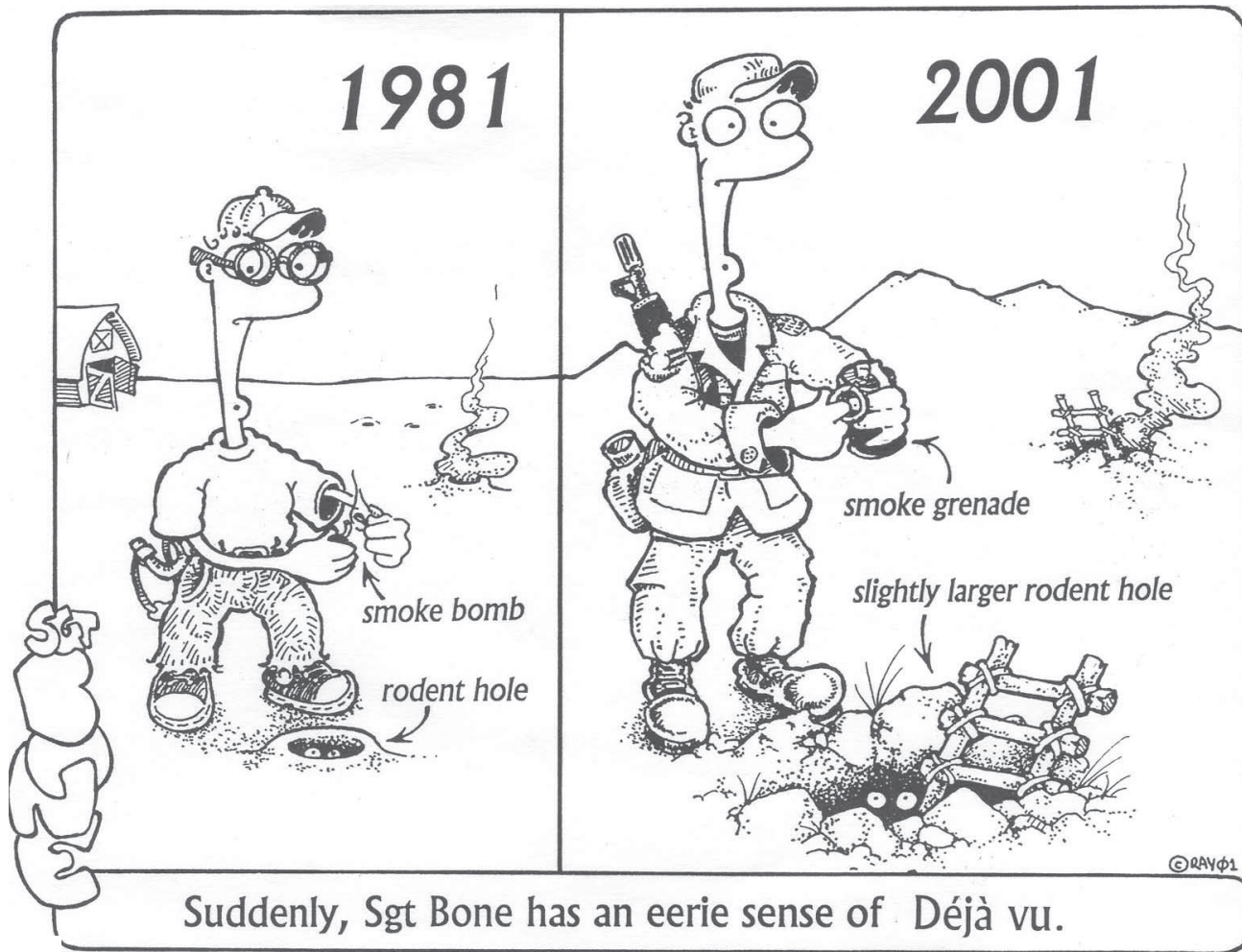
Group Self Help Teams are the driving force behind many unit improvements. Members of these teams come from the squadrons within the groups and can work projects anywhere within the group.

Some self help projects may be augmented by 355th CES craftsmen or even contractors to assist with electrical, plumbing, sheet metal and air conditioning needs.

"Our philosophy is immediate access, quick assistance and a commitment to excellence," Sikora said. "Our goals are to support you and your project from start to finish, whether innovative or conventional, minor or major."

The Self Help Center is in Building 5303 and is open from 7 a.m. to 2:30 p.m. weekdays. For more information on the Self Help Program, call Sikora at 228-3735.





Tech. Sgt. Mark Ray, 355th Communications Squadron

## Lieutenant's folly

A young Air Force 2nd lieutenant had just arrived at his first duty assignment, and was overanxious to use his newly learned leadership skills.

The lieutenant had been assigned a beautifully renovated office that had even been furnished with antiques.

While sitting at his desk, he saw an enlisted man come into the outer office.

Wishing to appear very important, the officer picked up the phone and pretended he was having a conversation with the wing commander.

He threw colonels and generals names around and talked about letting them stay in his dad's condo in Hawaii. He even arranged a golf date between himself, the wing commander and the Operations, Support, Medical and Logistics group commanders.

Finally, he hung up the phone and looked at the NCO. "Can I help you, sergeant?" he asked.

"Yes sir," the young sergeant replied. "I'm here to activate your phone line."

(Editor's note: "The Lighter Side" is a forum for D-M members to submit original, previously unpublished Department of Defense, Air Force, 355th Wing and D-M comics, cartoons, photographs and humorous military stories and quotes. Political satire and altered photographs will not be published. Stories must be 100 words or less. Contributions for "The Lighter Side" can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to [desert.airman@dm.af.mil](mailto:desert.airman@dm.af.mil). The editor can be reached directly at 228-3152.)

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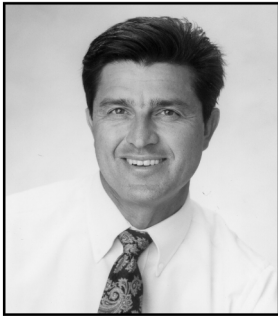
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## Sports Shorts

### Football Frenzy

Football Frenzy fans can enjoy snacks, prizes and beverage specials while watching football on NFL Sunday Ticket at both clubs. Entry for the family trip to Disneyland or Walt Disney World continues this week. National sponsors include American Airlines, Miller Brewing Company, the Walt Disney Company and the Double Tree Alana Waikiki for the Pro Bowl.

### Fitness Center classes

The Haeffner Fitness and Sports Center offers a lineup of exercise and aerobics classes each week (instructor name in parentheses – Free or \$ cost). Call 228-3714 for more information.

#### Monday

11 a.m. - Step (Rumiko - \$2); Noon - Spinning (Corinne - \$2); 5:30 - Aerobics (Rumiko - \$2)

#### Tuesday

8 a.m. - Senior aerobics (Corinne - \$2); 11 a.m. - Step (Veronica - Free)  
Noon - Circuit Training (Corinne - \$2); 6 p.m. - Dang Soo Do — for kids (James - call fitness center for rates); 7 p.m. - Dang Soo Do - for adults (James - call fitness center for rates)

#### Wednesday

11 a.m. - Step (Veronica - Free); Noon - Kick boxing (Corinne - \$2); 5:30 p.m. - Aerobics (Rumiko - \$2); 6:40 p.m. - Belly dancing I (Angela - \$20 for four sessions); 7:40 p.m. - Belly dancing II (Angela - \$30 for eight sessions)

#### Thursday

10 a.m. - Senior aerobics (Corinne - \$2); 11 a.m. - Step (Veronica - Free); Noon - Circuit Training (Corinne - \$2); 5:30 p.m. - Step (Rumiko - \$2); 6:30 p.m. - Dang Soo Do — for kids (James - call fitness center for rates); 7:30 p.m. - Dang Soo Do - for adults (James - call fitness center for rates)

#### Friday

11 a.m. - Step (Corinne - \$2); Noon - Spinning (Corinne - \$2)

#### Saturday

10 a.m. - Step (Rumiko - \$3); 1 p.m. - Dang Soo Do — for kids (James - call fitness center for rates); 2 p.m. - Dang Soo Do - for adults (James - call fitness center for rates)



Tech. Sgt. Jim Varhegyi

Retired Col. Frank Herrelko carries the Olympic flame during his leg of the 2002 Olympic torch relay Dec. 21 in Washington. Herrelko, who is 88 years old and a World War II vet, shared his leg of the torch relay with a Korean War vet and a Vietnam War vet. Herrelko is one of 11,500 people chosen to carry the Olympic flame on its 13,500 mile journey through 46 cities on its way to Salt Lake City for the start of the 2002 Winter Olympic Games.

## Air Force retiree carries Olympic flame

By Staff Sgt. A.J. Bosker

Air Force Print News

Holiday traffic and a cold Dec. 21 evening could not keep a retired Air Force colonel from what he described as a "once in a lifetime experience" — carrying the Olympic torch.

Frank Herrelko, an 88-year-old resident of Bowie, Md., carried the Olympic flame during a special torch relay event and ceremony that paid tribute to veterans of World War II, the Korean War and Vietnam. Herrelko, one of the three torchbearers in this tribute, was representing all the men and women who served in the armed forces during World War II.

The relay began at the future site of the National World War II Memorial located at the east end of the West Reflecting Pool near the Washington Monument. Herrelko was the first runner.

As the evening's ceremonies commenced, Herrelko, his lit Olympic torch held proudly in his hand, began his portion of the relay. The orange glow from the Olympic flame, that had made its way from Greece many weeks ago, was reflected as a gleam in his eye, showing everyone in attendance the smile on his face

and just how proud he was of this honor.

After running nearly a third of the length of the Reflecting Pool, Herrelko met up with Gilbert Lyons, a Korean War veteran. He passed Lyons the Olympic torch and joined him in the run past the Korean War Veterans Memorial.

Running side-by-side now, Herrelko and Lyons met the third runner, Earl Gillespie, a Vietnam veteran. Lyons passed the torch to Gillespie and the three of them continued together west along the Reflecting Pool toward the Lincoln Memorial and the awaiting crowd.

As they neared the bottom of the Lincoln Memorial's steps, Gillespie passed the Olympic torch back to Herrelko. The three of them continued abreast up the steps, past the cheering onlookers, and paused before the bronze cauldron that was to keep the Olympic flame overnight in Washington.

With his torch held firmly in hand, Herrelko slowly lowered the flame toward the awaiting cauldron. The cheers from the crowd intensified as the Olympic flame was transferred to



Scoreboard

Basketball

Intramural  
(as of Wednesday)

Team	W-L
354 FS	1-0
357 FS	1-0
12 AF	1-0
MDG	1-0
EMS/AGE	1-0
SVS	1-0
SUPS	1-0
25 OWS	1-0
TRANS	1-0
43 ECS	1-0
358 FS	0-1
MSS	0-1
CES	0-1
EMS	0-1
CRS	0-1
41 ECS	0-1
162 ANG	0-1
42 ACCS	0-1
355 SFS	0-1
COMM	0-1

Over-30  
(as of Wednesday)

Team	W-L
CONS	1-0
SVS	1-0
12 AF	1-0
CES	1-0
CRS	1-0
43 ECS	1-0
25 OWS	1-0
SFS	1-0
LSS	0-1
OSS	0-1
41 ECS	0-1
MSS	0-1
SUPS	0-1
42 ACCS	0-1
MDG	0-1
COMM	0-1

Bowling

OWC  
(Week 13)

Team	W-L
P.I.	68-36
Spare Change	65-39
Donna's Dolls	61-43
MGM Lions	60-44

The Trio 54-50  
Three Bees 52-52  
SOS 42-62  
High Game: Alice Ramirez, 200  
High Series: Donata Oliver, 492

Phantom Mixed  
(Week 13)

Team	W-L
Arnold's Amigos	73-31
The Cajuns	64-40
So So's	64-40
Rat Pack	59-45
Lucky Strikes	58-46
No Fear	56-48
Strike Force	52-52
Alley Oops	48-56
Aches and Pains	46-58
The Dragons	42-62
Herman's Heroes	32-72
Avengers	28-76

Tuesday Early Risers  
(Week 15)

Team	W-L
Wee Bee Bad	74-46
Sunflower Gals	72-48
Monarchs	70-50
Ally Kats	62-58
Fireballs	56-64
Dream Catchers	56-64
Goyaab's	48-72
Hit and Miss	42-78
High Game: Arlene Cook, 196	
High Series: Arlene Cook, 540	

Intramural - National  
(Week 16)

Team	W-L
SVS #2	80-40
CES	74-46
TRANS	70-50
358 FS	70-50
12 AF #1	70-50
COMM #1	64-56
CRS	64-56
12 AF #3	62-58
SVS #1	62-58
CPTS/MSS	62-58
CONS	58-62
EMS-AMMO	56-64
OWS #1	50-70

High Game (Men): Lloyd Lee, 236  
High Game (Women): Pamela

Matthews, 226  
High Series (Men): Lloyd Lee, 660  
High Series (Women): Pamela  
Matthews, 614

Intramural - American  
(Week 16)

Team	W-L
MDG	87-33
AMARC	76-44
42 ACCS	66-54
25 OWS #2	66-54
MDG #2	63-57
EMS-MAINT	60-60
41 ECS	50-70
SVS #3	50-70

High Game (Men): Christopher Ror, 234  
High Game (Women): Kristin Dunbar, 202  
High Series (Men): John Cook, 599  
High Series (Women): Kristin Dunbar, 547

Pinrollers  
(Week 16)

Team	W-L
Uh Huh Girls	96-32
Whip It	79-49
The Dreamers	72-56
L-A-D-Y	72-56
Fabulous Four	68-60
The Goof Troops	60-68
The Handicap Queens	57-71

CE Mixed  
(Week 14)

Team	W-L
Brew Crew	43-13
HVAC	35-21
Powerballs	34-22
BJ's Bunns	34-22
Good Bad & Ugly	32-24
The Cans	28-28
Just-4-Fun	28-28
B.O.P.	28-28
Now-N-Then	27-29
The Officers	15-33

Thursday Night  
(Week 17)

Team	W-L
Four Seas	90-46
PCs	84-52

Great Golf Score 80-56  
FUBAR 72-64  
Mickey's Mavericks 71-65  
PBJs 69-67  
SKAR-Y 68-68  
Pick One 66-70  
Once Upon A Time 66-70  
Strikeouts 64-72  
Sparely Making It 64-72  
WSCA 54-82  
Mission Impossible 52-84  
Ice Breakers 48-44

High Game (Men): Les Classen, 258  
High Game (Women): Kris Dunbar, 206  
High Series (Men): Danny Atkins, 642  
High Series (Women): Sara Denzler, 529

Bantams  
(Week 14)

Team	W-L
Brownies	56-48
Strykers	52-52
Tigerstrike	50-54
Lego Cops	50-54

High Game (Boys): Anthony Salazar, 81  
High Game (Girls): Alicia Jones, 68  
High Series (Boys): Anthony Salazar, 220  
High Series (Girls): Alicia Jones, 176

Preps, Juniors, Majors  
(Week 11)

Team	W-L
The Bone Busters	80-32
The Mean Team	74-38
Team 7	72-40
Strikers 2	66-46
Team 11	64-68
Team 4	61-51
Team 10	56-56
Rockbots	54-58
Strikers 1	47-65
Dreamers	46-66
Pin Smashers	40-72

High Game (Boys): Travis Falk, 193  
High Game (Girls): Amanda Falk, 195  
High Series (Boys): Travis Falk, 533  
High Series (Girls): Amanda Falk, 532

Olympic flame

continued from Page 15

its resting place before continuing on toward its final destination — Salt Lake City — and completion of its 65-day, 13,500-mile journey.

“I’m very proud to have been part of (the Olympic torch relay),” Herrelko said with a smile as family members embraced him. “The cold didn’t bother me, (this) was a once in a lifetime experience.”

Cheering him on and providing him with moral support throughout the entire run were Edie, his wife; Kathleen, his daughter; two of his three sons, Frank Jr., a PGA golf professional; and David, a retired Air Force brigadier general; and three of his granddaughters, Kathy, Emily and Betsy. His third son, Jeffrey, a retired senior master sergeant, was unable to attend because of job commitments, but “was wishing him well,” the family said.

“He’s amazing,” Emily said proudly of her grandfather. “He could outrun them all.”

Those words are more than the boasting of a loving granddaughter. Herrelko is a Senior Olympian with more than 240 gold, silver and bronze medals won at state-, regional-, national- and world-level competitions. Emily said it is “amazing” since he did not even start competing until he was 70-years old.

“David called me one day and told me he just saw an 80-year-old man do the pole vault,” Herrelko said. “I became interested in competing in the Senior Olympics ... I just couldn’t see growing old and sitting in a chair all day.”

“I had to do something,” David said as he hugged his father at the end of the Olympic torch ceremony. “If I didn’t get him something to do, he’d drive us all crazy.”

Besides competing in the Senior Olympics, Herrelko has dedicated much of his time to public work. He has been a guest speaker at local schools and served as a consumer consultant for many of his senior friends.



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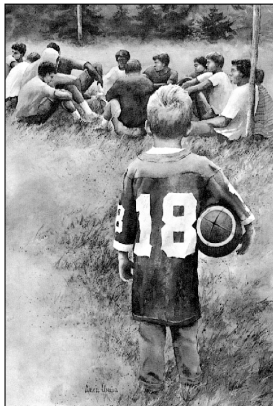
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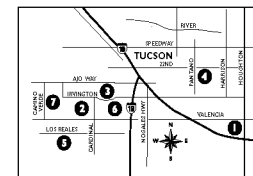
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## Chapel Information

*Following are some of the services and activities offered by the D-M Chapel. All services and activities are at the Desert Dove Chapel unless otherwise noted. For more information, call 228-5411.*

### Catholic schedule

**Saturday:** Mass is at 5 p.m. Sacrament of reconciliation is at 4:30 p.m.

**Sunday:** Mass is at 7:30 and 10 a.m. Sacrament of reconciliation is at 9:15 a.m.

**Daily:** Catholic Mass and Communion is at 11:30 a.m. at Hope Chapel. Rosary begins at 11:10 a.m.

### Protestant schedule

**Sunday:** Protestant Contemporary Service is at 8:30 a.m. at the Hope Chapel.

Protestant Inspirational Gospel Service is at 11:15 a.m. at the Hope Chapel.

Protestant Traditional Service is at 11:15 a.m.

**Friday:** Marriage Builders is at 11:30 a.m. Registration required. Aim High Bible Study is at 7 p.m. For location, call 899-8320.

**Saturday:** Young Married Bible Study is at 6 p.m. For location, call 546-4553.

**Monday:** Protestant Women of the Chapel is a bi-monthly meeting at 6 p.m. Childcare is provided. Call for schedule.

**Tuesday:** Women's Bible study is 9:30 to 11:30 a.m. Childcare provided. Singles Bible study is at 7 p.m. in the third floor dayroom, Building 4224.

**Wednesday:** Men's Ensemble meets at 4:30 p.m.; Cantata rehearsal is at 6 p.m.; Angel and Chancel Choirs meet at 7 p.m. Protestant Youth meet at 6:30 p.m. and Children's Bible study is at 7 p.m.

**Thursday:** Mothers of Preschoolers meet the second Thursday of each month from 9 to 11:30 a.m. Childcare is provided.

Protestant Men of the Chapel meet the second Thursday of each month at 11:30 a.m.

## Community Services

### Suicide prevention

The D-M Chapel offers an Applied Suicide Intervention Skills Training seminar Jan. 23 and 24 from 8 a.m. to 4 p.m. at the Desert Dove Chapel. This two-day class offers the skills needed to intervene and save a life from suicide. Space is limited. For reservations or more information, call 228-5411.

### Enlisted Spouses Association

The next Enlisted Spouses Association meeting is Tuesday at 6:15 p.m. at the Desert Oasis Enlisted Club. For more information, call Dena Wakefield at 747-3461.

### Thrift Shop

The D-M Thrift Shop is open Tuesdays and Wednesdays from 9 a.m. to 2 p.m. Consignments taken until 1 p.m. The Thrift Shop is in Bldg. 3220, across from the bowling alley. To make reserve space for large items and furniture, call 228-2120.

### Deployed spouse seminar

The Family Support Center has deployed spouse seminars Thursday at 9 a.m., 2 p.m. and 7 p.m. at the Desert Dove Chapel. Free babysitting and refreshments are offered. For more information, call 228-5690.

### Car buying 101

The Family Support Center offers Car Buying 101, a seminar to help educate people about buying, selling and leasing a vehicle. The next seminar is Jan. 24 from 2 to 3:30 p.m. in Bldg. 3200, Room 266. To register, call 228-5690.

### Saving and budgeting seminar

A saving and budgeting class is Jan. Monday from 2:30 to 4 p.m. in Bldg. 3200, Room 266. The class teaches military members how to properly develop a savings plan and budgeting techniques. To register, call 228-5690.

## Education Services, 228-3813

### MSC Commissioning Program

The Air Force Medical Service Corps offers commissioning opportunities for those desiring to serve as professional health care administrators.

Applicants must have an undergraduate or graduate degree in Business Administration, Health Care Administration or a related business field, and must commission prior to age 40 unless otherwise waived.

### ROTC Commissioning Program

The Air Force ROTC has continued the

one-year Professional Officer Course- Early Release Commissioning Program. The program assists members with completing an undergraduate or master's degree. Applicants may be eligible for a \$15,000 scholarship. Application deadline for fall classes is March 1.

### Christian Education degrees

An external degree catalog for regionally accredited programs in Christian Education is available at the Education Office. All programs and degree levels are offered.

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## Movies

Movies begin at 7 p.m. unless otherwise noted. Admission is \$3 for adults and \$1.50 for children under 12 and senior citizens. For the theater movie recording, call 748-1157.

**Friday at 7 p.m.**  
**Saturday at 1 p.m.**  
**Harry Potter and the Sorcerer's Stone (PG)**

2 hours, 22 minutes

An adaptation of the first of J.K. Rowling's popular children's novels about a boy who learns that he is the orphaned son of two powerful wizards.



**Saturday**

**Spy Game (R)**

2 hours, 7 minutes

Complications arise on the last day of work for a veteran CIA agent, played by Robert Redford, when he must organize the rescue of his young protege, played by Brad Pitt, who has been captured by the Chinese.

**Sunday**

**The Wash (R)**

1 hour, 34 minutes

In this DJ Pooh-directed comedy, Dee Loc, played by Snoop Dog, and his roommate work at a car wash run by an ill-tempered boss. As if the two weren't in enough trouble by chasing ladies during work hours and hustling customers—their boss gets kidnapped and the roommates have to figure out how to get him back.



## Community Activities

### Make a scrap book

The Skills Center offers a scrap book making class on Saturday. The cost is \$10 and includes supplies. Additional sessions for the same student are \$8 each. To register, call 228-4385.

### Christmas tree recycle

Christmas trees may be dropped off at the Base Recycling Center through Jan. 21. Trees must not have decorations. For more information, call Joe Uremovich at 228-2296.

### Movie making for youths

There is a free, weekly film making seminar at the youth center beginning Tuesday from 6 to 7 p.m. for eight weeks. The class is open to teenagers through 18. To register, call 228-8844.

### Comedy night at the O-Club

The Officers Club presents the comedy team of T.A. Burrows and Wanda Lee Backes is Jan. 18 at 8 p.m. Seating is limited and on a first-come, first-serve basis. The show is free for club members and one guest per member.

## Morale, Welfare and Recreation

**Arts and Crafts Center**.....228-4385

Tues, Wed. and Fri. 10 a.m. to 6 p.m.; Thurs., Noon to 7 p.m.; Sat. noon to 4 p.m.

**Auto Skills Center**.....228-3614

Tues. - Fri. 9:30 a.m. to 8 p.m.; Sat. 9 a.m. to 9 p.m., Sun. Noon to 5 p.m.

**Bowling Center**.....228-3461

Mon. - Thurs., 8 a.m. to 10 p.m.; Fri. 8 a.m. to 11:30 p.m.; Sat. 9 a.m. to 11:30 p.m.

**Cabana Pizza**.....747-3234

Mon. - Fri. 10:30 a.m. to 8 p.m.; Sat and Sun. 1 p.m. to 8 p.m.

**Child Development Center**.....228-3336

Mon. through Fri. 6:30 a.m. to 5:30 p.m.

**Community Center**.....228-3717

**Eagles Nest**.....228-7066

Every day 5 a.m. to 4:30 p.m.

**Enlisted Club**.....228-3100

Club hours and activities vary, call for more information

**Enlisted Club Barber Shop**.....748-8710

Mon. - Fri. 8 a.m. to 5 p.m.; Sat. 8 a.m. to 1 p.m.

**Fitness Center**.....228-4556

Mon. - Fri. 5 a.m. to 11 p.m.; Sat. 8 a.m. to 10 p.m.; Sun. 9 a.m. to 7 p.m.

**Golf Course**.....228-3734

Sunrise to sunset

**ITT Leisure Travel**.....748-1942

Mon. - Fri. 8 a.m. to 6 p.m.

**ITT Ticket Sales**.....228-3700

**Library**.....228-4381

Mon. - Thurs. 10 a.m. to 8 p.m.; Fri. 10 a.m. to 6 p.m.; Sat. 10 a.m. to 5 p.m.

**Lodging Reservations**.....748-1500

**Officers Club**.....228-3301

Club hours and activities vary, call for more information

**Officers Club Barber Shop**.....748-8968

Mon. - Fri. 8 a.m. to 5 p.m.

**Outdoor Recreation, Equipment Rental and Skeet Range**.....228-3736

Mon. - Fri. 8 a.m. to 5 p.m.; Sat. 8 a.m. to noon

**Stormy's Cyber Cafe**.....228-3717

Mon. - Fri. 7 a.m. to 8 p.m.; Sat. 9 a.m. to 8 p.m.

**Veterinarian**.....8-3529

**Youth Center**.....8-8465

Mon. 6:30 a.m. to 5:30 p.m.; Tues. - Thurs. 6:30 a.m. to 8:45 p.m.; 6:30 a.m. to 9:15 p.m.; Sat. 2 to 7:45 p.m.

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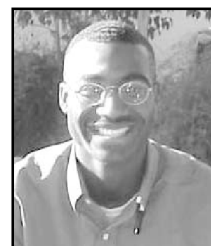
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8 months new home 3 bd, 2ba, 3 car garage, lg. fenced lot, SW location, only minutes from base, \$1250 per mo. 908-9522. 1/11 1T/P.

Midvale Park 3 Bedroom/2 Bath/ Den Fireplace.-1600 SQ. Foot- 1 Year Old Model Home- \$900.00 Month Plus Security Deposit. (520) 807-9642. 1/11 1T/P

Broadway/Kolb 3 BD House, 1 3/4 Bath, WD, refrigerator, large yard, Mexican tile, newly painted near park \$785/ month & deposit call 760-3219 Leave message Available Jan. 1st. 1/11 1T/P.

## Homes for Sale

House For Sale Rita Ranch 3 BR (optional den) 2 Bath 2 Car Garage, 1265 Sq. Ft, fully landscaped front and back, 10 X 12 storage shed, Built 2001, available immediately, \$117,500, contact 664-2370 for appointment.

Breathtaking Views! Beautiful 3BR/2BA home near 22nd & Houghton. 13"x13" ceramic tile throughout - bedrooms have Berber carpet, desert landscape front & back, asking \$127,900. Call Mary 906-7400.

1998 Cavco Manufactured Home 26x56 Three Bedrooms, Two Baths, Sky lights, side by side ref, microwave, dishwasher, washer dryer, gas stove and heat central air 55 and over park price negotiable call 520-888-6546. 1/11 1T/P.

## Land For Sale

### Colorado Mountain Property

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## Misc. for Sale

Children's bunk bed. Single over double. Good condition. Red metal frame. We have outgrown it, and it needs a new home. \$75 OBO. Robert 546-5900

10x10x7 commercial aluminum shed approved by housing to have in your back yard, asking \$500 OBO, willing to take payments, call 907-4895.

Great housing starter kits, Craftsman lawnmower, weed eater and leaf blower, willing to take payments, all for \$200 OBO, call 907-4895.

Hotpoint washer and dryer (almond color), \$350 OBO. Washer has heavy-duty extra large capacity, two-speed with hand wash setting. Dryer has heavy-duty capacity, automatic dry control, press guard setting, and signal feature. Willing to take payments, call 907-4895.

California King water bed, all accessories, mirrored/shelved backboard, \$200. Three years new. Will deliver and set up. Call Scott at home, 733-1944, or work, 228 9615.

Queen Waterbed, excellent condition, mirrored oak headboard with shelves, 70% waveless mattress, only used one year, \$80 OBO. Call Robert, 546-5900.

Little Tykes 8-1 gym, \$175 OBO. Call 584-0013.

Infant stroller/car seat combination, perfect for newborns, only asking \$40. Call James, 990-1144.

Large solid oak entertainment center, excellent condition, one year old, \$450. Must sell ASAP. Call Scott, 906-2838

## Misc. for Sale

Kenwood home stereo system, 200-watt receiver, dual cassette deck, 5 disc compact disc player, two 150 watt floor speakers with stands, \$450. Must sell ASAP. Call Scott, 906-2838

Two wall unit air conditioners for sale. One is big, the other small. Both very cold. Name your price. Will sell cheap. Call anytime 790-4894

Whirlpool washer & dryer, fairly new, PCSing \$350. for the pair. Singer 39 stitch sewing machine, hardly used, \$200. C Call 721-0655 after 5:30 p.m. 1/11 1T/P.

## Motorcycles

2001 Kawasaki ZX7R. 4,000 miles. \$8,500. Call Chris at 748-1589 or email lamundejay@home.net. Pictures are available upon request.  
1998 Honda CBR 600, 2,800 miles. \$5000 OBO includes 2 helmets/bike cover. Call 885-8216

1999 Kawasaki ZX-6R Ninja, green/purple/white paint scheme, 4K miles, K+N air filter, upgraded exhaust, includes matching helmet, recently jetted for AZ, asking \$6,700, call 296-8033.

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## Autos for Sale

2000 35th Edition Coachman. Sleeps 8. 31ft long. Lots of extras. Low Mileage. Like New. A must see. Asking \$39,500. Please call 520-750-9012 for more information or to set up a time to see RV.

1987 Dodge Daytona Pacific, very clean car, 105,000 original miles, cold A/C, power seats, alpine stereo and alarm. Must see. \$1700 firm. Call Mike, 228-7111 or 512-8014.

1999 Dodge Ram, V8, half ton, automatic, regular cab, loaded, 32k, excellent condition, factory warranty, assume bank payoff of \$14,900. Must sell ASAP. Call Scott, 906-2838

1993 Jeep Grand Cherokee Limited, 4x4 V8, Loaded, Great condition, \$8,800 OBO. Call 529-2024 or 490-2039

## Autos for Sale

1999 Mercury Cougar, V6, automatic, 32k, excellent condition, loaded with all options, factory warranty, assume bank pay off of \$13,500. Must sell ASAP. Call Scott, 906-2838

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Mazda B2000, 1986, stick shift, cruise, camper shell, P/6, P/S, stereo W/cass. \$1400 obo. (520) 886-6195. 1/11 1T/P.

2000 Daewoo Leganza, like new, mid-size sedan, 2.2L auto, air conditioning, all power, much more. 14k miles, factory warranty. \$10,900 negotiable. Must see and drive! Compare. 745-0269

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## Furn. & Appliances

Queen Size Pillowtop Mattress Set still in bag, full warranty suggested list \$595. sell \$199. 219-5053 12/14 4T/P

King Sized Pillowtop mattress set still in plastic-full warranty sacrifice \$299. 219-5053. 12/14 4T/P.

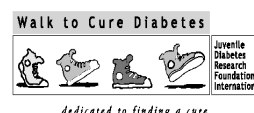
Full Size Pillowtop Mattress set still in wrapper. Full warranty sell for \$159. 219-5053 12/14 4T/P.

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That's what author Bridget Barnes believes parents who use the techniques and skills explained in the new book, *Common Sense Parenting of Toddlers and Preschoolers*, can gain. Those skills have been taught to parents of 2 to 5 year-olds in workshops offered by Girls and Boys Town since 1996 and are now available to any parent through the book just published by Boys Town Press.

When a parent realizes that "I can correct my child, he or she may get upset with me, but the child is still going to love me," the parent gains confidence, according to Barnes. The book shows parents how to stay calm, communicate clearly, set boundaries, have reasonable expectations, give consistent consequences, and teach a young child self-control and other skills.

Parenting toddlers can be a time of high conflict. Many couples are just finding out that they have very different parenting styles — one may see the other as either too lenient or too strict, says Barnes. It may not be an exaggeration, she adds, to say that agreeing to use *Common Sense Parenting®* techniques "saves marriages. It can lead to a lot less strife."

Parents, according to Barnes, list many of the same problems with their toddlers — acting up at bedtime and meals, throwing temper tantrums, refusing to take "no" for an answer, etc. In dealing with these issues, however, parents also make common mistakes — treating children like "little adults," giving kids choices they're not equipped to make, and setting expectations too high.

Young children, she says, need lots of reminders, assistance, modeling, and patience. The book provides step-by-step information on how to do these things. Also included are answers to dozens of questions frequently asked by parents of toddlers.

Barnes is the mother of two and stepmother of four children and has been a *Common Sense Parenting* trainer for 13 years.

*Common Sense Parenting of Toddlers and Preschoolers* is available from the Boys Town Press, 14100 Crawford St., Boys Town, NE 68010. 1-800-282-6657, www.girlsandboystown.org/btpres

Boys Town Press is the publishing division of Girls and Boys Town, the original Father Flanagan's Boys' Home.

For more tips on parenting, visit our Web site: [www.parenting.org](http://www.parenting.org) or call the Girls and Boys Town National Hotline, 1-800-448-3000.

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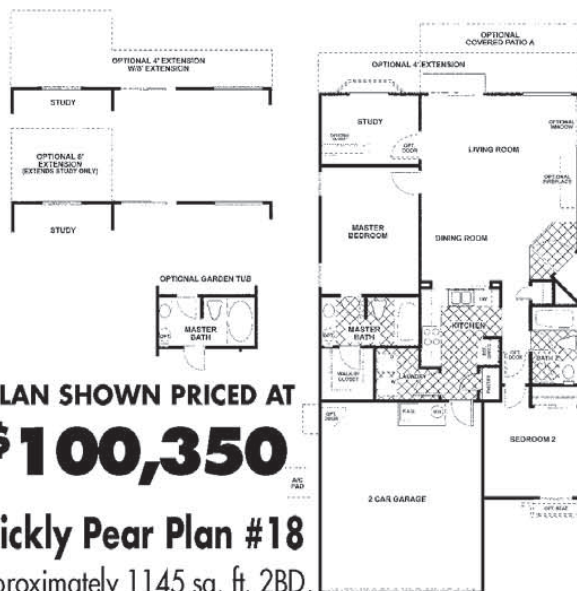


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2-4 Bedroom Homes, 1027-1581 Sq. Ft.

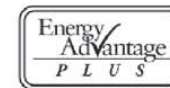
PRICED FROM **\$95,950**

PLAN SHOWN  
PRICED AT  
**\$107,950**

### Ocotillo Plan #92

Approximately  
1495 sq. ft. 3BD, 2BA,  
Family Room, LR, DR,  
Optional 4th BD.

**807-5207**



Prices subject to change without notice. Offers, incentives and seller contributions are subject to certain terms, conditions and restrictions which may include using designated lenders and closing agents. US Home reserves the right to change or withdraw any offer at any time.

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